



Fun, Fabulous Food: Family Cooking Classes

FREE 3-Session Cooking Classes

Food and Family Together! What Could Be Better?

- Gain the skills to create delicious, quick meals
- Expand your knowledge in order to make healthy food choices

Kids are more likely to try new foods if they play an active role in choosing and preparing them. Make meal time family time. Parents and kids cooking together can be a rewarding and delicious experience, so grab your kids and let's get cooking!

Classes are **FREE** but space is limited so registration is required
To register please call by **10/19/09**:
Walworth County Extension (262) 741-4956

This three part series will be held at:

**Village of Darien Senior Center
(Basement of the Public Library)
47 Park Street
Darien, WI 53114**

10/20, 11/10, 12/08- 5:30-7:30 pm

**Families can attend one or all sessions of their choice.
For children ages 6-11 and their families.
Limit: 1 child per adult**

Sponsored by:

 **and Delavan/ Darien School District**

If you are a person who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you to the provision of certain assistance. Within two (2) working days of your receipt of this newsletter please contact UW-Extension Walworth County (262) 741-4956 or 711 (Wisconsin Relay)